



## THE COURAGE TO BE BRAVE

### GROWING UP WITHOUT BEING SNEAKY AND WITHOUT FEELING STUPID AS A RESULT

#### THE BOOK

The main character is a new kind of bravery, full of hope for children: no more heroic virtue, instead the ability to tolerate failure, to keep trying again, to ask for help in overcoming feelings of inadequacy.

#### Series: Growing up without side effects

An innovative series aimed at helping the youngest come to terms with any doubts that they might have about themselves. The idea is to give them a tool which is accessible, clear and simple, so that they can deal with the anxiety of feeling inadequate, thus helping them to feel more at ease and with more self confidence in their ability to survive.

Bound and illustrated volume  
40 pages • In 23,5 x 23,5 cm  
format • Age: from 4 years  
upwards • € 14,90

**ALPI APUANE PRIZE  
BEST BOOK FOR  
CHILDREN 2008**

**FINALIST ANDERSEN  
PRIZE 2008**

#### THE AUTHORS

**DOMENICO BARRILÀ:** he is a psychotherapist and adlerian analyst. He has always written to let adults help children to grow.

**EMANUELA BUSSOLATI:** she is a very appreciated author and illustrator for children books. She has published for different publishing houses for children.

Fourth reprint

PSYCHOLOGY IN THE HANDS OF A CHILD